**What do you do?**

2

**Do you have routine activities? What do you do in the morning? Do your parents work? Where do they work?**





**LISTENING.** Where do you work?

1. Listen and practice

Jason : Where do you work, Andrea?

Andrea : I work at Thomas Cook Travel.

Jason : Oh, really? What do you do there?

Andrea : I’m a guide. I take people on tours to countries in South America, like Peru.

Jason : How interesting!

Andrea : Yeah, it’s a great job. I love it. And what do you do?

Jason : Oh, I’m a student. I have a part-time job, too.

Andrea : Where do you work?

Jason : In a fast-food restaurant.

Andrea : Which restaurant?

Jason : Hamburger Heaven.

1st Listening

1. What are they talking about?

…………………………………………………………………………………………………………………………….

2nd Listening

1. Does Andrea work as a cook? (Yes/No)
2. Does she like her job? (Yes/No)
3. Does she work in Peru? (Yes/No)
4. Does Jason work? (Yes/No)
5. Is he a student? (Yes/No)

3rd Listening

1. Where does Andrea work?

…………………………………………………………………………………………………………………………….

1. What is her job?

…………………………………………………………………………………………………………………………….

1. What does Andrea do as a guide?

…………………………………………………………………………………………………………………………….

1. What does Jason do as a part-time job?

…………………………………………………………………………………………………………………………….

1. Where does he work?

…………………………………………………………………………………………………………………………….

1. What restaurant does he work for?

…………………………………………………………………………………………………………………………….

B. Listen to the rest of the conversation.

1. What does Jason do actually?

…………………………………………………………………………………………………………………………….

1. How does he like his job?

…………………………………………………………………………………………………………………………….

**GRAMMAR FOCUS.**

Simple present

**Do** you do sports? Where **do** you **exercise**?

Yes, I **do**. I **played** basketball. I **exercise** at school.

No, I **do** not (**don’t)**. I **work** every day.

**Does** she work in the morning? Where **does** she work?

Yes, she **does**. She **works** in a supermarket.

No, she **does** not **(doesn’t)**. She **doesn’t work** at an office.

What **do** you do? What **does** she do?

I**’m** an actor. I **act** in some movies. She**’s** a chef. She **cooks** some food.

How **do** you like your job? How **does** she like her job?

I **love** it so much. She **likes** her job.

A. Complete these conversations. Then practice with a partner

1. A: What … … you … … (do)?

B: I’m a student. I … … (study) art.

A: And … … do you … … (go) to school?

B: I … … (study) in Van Gogh Art School.

A: Wow! … … do you … … (like) your classes?

B: I … … (love) them a lot.

1. A: What … … Lizzy … … (do)?

B: She … … (have) a salon. She … … a hairdresser.

A: What about Collin? Where … … he … … (work)?

B: He … … (work) in a garage.

A: What … … he … … (do), exactly?

B: He … … (fix) and … … (modify) cars. He’s a great mechanic.

1. A: How … … you … … (spend) your weekend?

B: I just … … (stay) at home.

A: What … … you … … (do) at home?

B: I … … (write) stories. I … … (want) to publish my first book.

A: That’s awesome! What about your wife?

B: She … … (make) cakes and bread. She … … (practice) to be a chef.

**READING.** What do you do every day?

Vin Diesel usually plays the tough guy role. This includes [The Fast and the Furious](http://en.wikipedia.org/wiki/The_Fast_and_the_Furious), where he plays [Dominic Toretto](http://en.wikipedia.org/wiki/Dominic_Toretto). For these movie roles, Vin Diesel needs to be muscular, but agility is also important.

Vin Diesel wants to show off that he’s tough enough to stand up to any villain. Yet, he understands the importance of dodging a punch or having to dash away in a flash.  **The Vin Diesel workout gives him the physique he needs to create the tense drama and great action scenes in his movies.**

The Vin Diesel workout routine comes from his recent interview with *Bodybuilding’s*Train Magazine.  Diesel’s routine is based on bodybuilding workouts he has used since before he started acting. He doesn’t exercise every day, but he divides into three days of workouts and four days of rest.

For the chest workout, Vin Diesel uses supersets. This means you do 2 exercises back-to-back, without rest. Then, rest for 1 minute, before repeating that superset. If he has time, Vin Diesel adds abs/core to this workout.

Although Vin Diesel develops a big chest, he also says it’s important to be well-rounded. About his body, Vin Diesel says,“Generally, I want the character like Dominic Toretto to not just look built. I don’t want them to look boxy. I want to be agile. I want this character to handle various kinds of opponents.”

*To be continued…*

1st Reading

1. What does Vin Diesel do?

…………………………………………………………………………………………………………………………….

2nd Reading

1. Does he play as villain? (Yes/No)
2. Does he exercise to support his role ? (Yes/No)
3. Does he do workout every day? (Yes/No)
4. Does he allocate special time to do abs workout? (Yes/No)
5. Does he do the chest workout back-to-back? (Yes/No)

3rd Reading

1. What does Vin Diesel do to be muscular?

…………………………………………………………………………………………………………………………….

1. Why does he need to be agile?

…………………………………………………………………………………………………………………………….

1. How many times does he exercise every week?

…………………………………………………………………………………………………………………………….

1. How does he exercise?

…………………………………………………………………………………………………………………………….

1. Who is Dominic Toretto?

…………………………………………………………………………………………………………………………….

**SPEAKING.** Do you eat lunch?

Go around the classroom. Ask your friends about their activity last week.

|  |  |  |
| --- | --- | --- |
| Activities/Interviewee | … … | … … |
| Go to a restaurant. | Yes/No | Yes/No |
| When/go/to the restaurant/? | … … | … … |
| What restaurant/go/? | … … | … … |
| Why/go/to the restaurant/? | … … | … … |
| Add more activities!! |  |  |
|  |  |  |

**WRITING.** Make a report about your daily schedules.

**LISTENING.** I start work at five.

Listen and practice

Daniel : So, do you usually come to the gym in the morning?

Helen : Yeah, I do.

Daniel : Really? What time do you go to work?

Helen : I work in the afternoon. I start work at five.

Daniel : Wow, that’s late. When do you get home at night?

Helen : I usually get home at midnight.

Daniel : Midnight? That *is* late. What do you do exactly?

Helen : I’m a TV announcer. I do the weather report on KNTV. Don’t you recognize

me?

Daniel : Oh, you’re Helen Black. I love your show. By the way, I’m Daniel.

1st Listening

1. Where does the conversation take place?

…………………………………………………………………………………………………………………………….

2nd Listening

1. Does Daniel recognize Helen at first? (Yes/No)
2. Does Helen come to the gym in the morning? (Yes/No)
3. Does she start work in the afternoon? (Yes/No)
4. Does she go home late? (Yes/No)
5. Is she a public figure? (Yes/No)

3rd Listening

1. Where does Helen work?

…………………………………………………………………………………………………………………………….

1. What does she do?

…………………………………………………………………………………………………………………………….

1. What is her surname?

…………………………………………………………………………………………………………………………….

1. What time does she start working?

…………………………………………………………………………………………………………………………….

1. What time does she go home?

…………………………………………………………………………………………………………………………….

1. What does Daniel think about Helen?

…………………………………………………………………………………………………………………………….

B. Listen to the rest of the conversation.

1. What time does Daniel wake up?

…………………………………………………………………………………………………………………………….

1. What time does he work in the morning?

…………………………………………………………………………………………………………………………….

1. What does he do after working in the morning?

…………………………………………………………………………………………………………………………….

1. What time does he do exactly?

…………………………………………………………………………………………………………………………….

1. How long does he work in the afternoon?

…………………………………………………………………………………………………………………………….

**GRAMMAR FOCUS.**

I get up at 6 in the morning on weekdays

I go to bed around ten in the evening on weeknights

I leave work early in the afternoon on weekends

I get home late at night on Fridays

I stay up until midnight on Saturdays

I exercise before noon on Tuesdays

I wake up after noon on Sundays

Simple present: Time expressions

Circle the correct words.

1. I get up at/until six at/on weekdays.
2. I have lunch at/early 11.30 in/on Mondays.
3. I have a little snack in/around 10.00 in/at night.
4. In/On Fridays, I leave school early/before.
5. I stay up before/until 1.00 AM in/on weekends.
6. I sleep until/around noon in/on Sundays.

**LISTENING PRACTICE.** Daily schedules.

Listen to Rodney, Tina, and Ellen talk about their daily schedules. Complete the chart.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Job | Gets up at… | Gets home at… | Goes to bed at… |
| Rodney | … | … | … | … |
| Tina | … | … | … | … |
| Ellen | … | … | … | … |

**WRITING.** From your interview before, make a report about your friends’ daily routines.

**READING.** More about Vin Diesel’s exercise.

For the triceps workout, Vin Diesel uses supersets. This means you do 2 exercises back-to-back, without rest. Then, rest for 1 minute, before repeating that superset.

When time is permitting, Vin Diesel adds biceps to this workout. When asked about his bicep routine, Vin Diesel says, “I do hammers, bicep curls, barbell curls, and preacher curls for my biceps”

For the back and shoulders workout, Vin Diesel uses supersets. This means you do 2 exercises back-to-back without rest. Then, rest for 1 minute, before repeating that superset. If he has time, Vin Diesel adds an abs workout this workout. Asked about how important training is to him, Vin Diesel says, “Honestly, training is so important to me. Not just because on a lot of films I do stunts and it helps with my look, physicality, and stamina. But, I really do believe in healthy body, healthy mind”.

For the legs workout, Vin Diesel uses supersets. This means you do 2 exercises back-to-back without rest. Then, rest for 1 minute. Repeat that superset until you’ve completed all 4 sets. If you are sore, add in some bicep exercises, like bicep curls. Do this, and take longer rest periods during this routine. Vin Diesel says, “I try to switch things up very often and shock my body. But, it’s your typical muscle mass building moves that have been done for decades.